



## **Sample able pupil policy for physical education (secondary)**

### **Rationale**

**[Name of school]** is committed to the principle of providing the best possible learning opportunities for all of its pupils. Within the context of this broad aim, it is important to:

- cater for the specific needs of pupils who show a particular aptitude in physical education (PE) and sport **[additions can be made here]**
- work with external partners to cater for those pupils who have a high level of demand made upon their time as a result of their involvement in high level sporting **[additional activities may be added here]** activities outside school.

### **Aims**

- To identify, challenge and support able pupils through the organisation of the PE curriculum and extended curriculum.
- To encourage the expression of talent and to encourage pupils to recognise the benefits and challenges of being a talented performer.
- To set able pupils targets which encourage them to work to their potential.
- To identify and support those pupils who are potentially able to perform at a level that substantially exceeds that which is expected for their age.
- To help more able pupils develop the personal qualities which will enable them to maximise their potential.

### **Identification**

Able PE pupils can demonstrate all of the following characteristics in at least one activity:

- perform exceptionally well at one sport, or in many
- good spatial awareness
- good understanding of effort, such as weight and time
- skilful body management
- learn, understand and adopt technical aspects of a sport very quickly
- can make correct decisions in pressure situations and adapt their technique accordingly
- able to work independently and with initiative.

A sports coach or other external agency may also identify pupils as "talented".

Pupils may be performing in a sport to a high level outside of school that they do not want their peers or school to know about.

Implementation:

- schemes of work include extension material
- curriculum enrichment opportunities are provided
- a register of talented sports people in the school is compiled and up-dated on a regular basis
- a lifestyle management programme is provided for those pupils on the register, that is, Junior Athlete Education (JAE)
- parents/carers are consulted and involved in the implementation of strategies to support their child
- external individuals and agencies are involved in the planning and implementation of these strategies, where appropriate.

### **Strategies for provision**

- Allow pupils to miss stages when evidence demonstrates their performance substantially exceeds that of their peers.
- Provide opportunities for pupils to find creative solutions to challenges, take risks and cope with failure.
- Encourage independent work.
- Provide extension work which is exciting and challenging.
- Work with the school G&T Co-ordinator to implement a strategy, that is, individual education plan (IEP) that supports talented pupils. This might include an alternative to PE lessons for talented pupils, e.g. study for other subject areas, fitness and conditioning work, etc.