

International

Programme information sheet

WHAT IS IT?

The Youth Sport Trust is working in partnership with the British Council to provide a unique link between British school children and their counterparts around the world.

International Inspiration programme: The Youth Sport Trust has joined forces with UK Sport, the British Council, UNICEF, LOCOG and others to support the International Inspiration programme which aims to use the power of sport to transform the lives of 12 million young people in 20 different countries.

The programme is laying the foundations to deliver development and education through sport worldwide as part of the legacy from the London 2012 Olympic and Paralympic Games.

The Youth Sport Trust has been identified as the principle delivery agency for the work in and around PE and school sport in each of the countries. The key component of that is engaging specialist sports colleges in linking up to schools and communities in the International Inspiration countries through the Dreams + Teams programme.

Dreams + Teams: Dreams + Teams is a programme which develops mutual understanding between countries and develops leadership skills and cross-cultural awareness in 14-18 year olds through sport and international educational links. Issues the programme aims to explore are fair play, equity, cultural diversity, inclusion, religion, ethics and global communication.

Dreams + Teams encourages Young Leaders in the UK to work with their international counterparts via e-mail, video conferencing and face-to-face contact, bringing an international and cross-cultural understanding to everything they do; thinking globally while acting locally.

Young Leaders in each country plan, organise and deliver sports festivals for hundreds of local young people, with the Young Leaders exchanging experiences and tips on how to organise festivals.



WHAT DIFFERENCE DOES IT MAKE?

Dreams + Teams has been in operation since 2001 and is now active in 46 countries across four continents.

Last year Dreams + Teams involved 5,000 Young Leaders who engaged a further 150,000 young people and 3,000 teachers in 424 schools.

In 2005 independent research into Dreams + Teams found that:

- 94% of Young Leaders and 87% of teachers believe Dreams + Teams has been effective as a cultural tool.
- 86% of Young Leaders and 90% of teachers say their understanding of other cultures has broadened as a result of their interaction with Dreams + Teams.
- 90% of overseas teachers and 82% of UK teachers believe Dreams + Teams has been effective in partnering positive social change between their country and the overseas country.

“ You could see the students growing as the session went on and they all said that they loved interacting with people from another culture. One student in Year 10 said it was the best thing that he had ever done in school. ”

Subject Leader, Dreams + Teams Sports College

HOW TO GET INVOLVED

If your school is interested in becoming part of Youth Sport Trust's international work please email dreamsandteams@youthsporttrust.org

Further information can also be found on <http://www.britishcouncil.org/sport.htm>