

Measuring Sticks

Year 1

Subject Focus: Measuring

★ Athletics

1,2,3 Numeracy

Objectives Pupils will learn to:

- estimate and measure, choosing and using suitable uniform non-standard or standard units and measuring instruments
 - answer a question by recording information in lists and tables; present outcomes using practical resources, pictures, block graphs or pictograms
- ★ jump on their own showing control at take-off and landing
 - ★ use different techniques, speeds and effort to meet challenges set for running, jumping and throwing
 - ★ run continuously for about one minute
 - ★ throw with increasing accuracy and coordination into targets set at different distances
 - ★ demonstrate a range of throwing actions using a variety of games equipment.

Activity

- In pairs the children mark a start line. The children jump from this start line as far as they can and their partner uses a marker to record how far they have jumped by placing it at the back of their heels or the back of their body if this touches the ground.
- The children measure their jumps using a variety of standard or non-standard objects e.g. hand-spans, bats, shoe, ruler, tape measure etc.
- The children try out all these ideas and record their jumps each time.
- The children can then record their results on a simple block graph.
- The children can do similar activities using running and throwing.

Get moving,
Get learning

