

I'm Counting on You

Year 1

1,2,3 Numeracy

Subject Focus: Number

★ **Gymnastics**

Objectives Pupils will learn to:

- estimate a number of objects that can be checked by counting
 - say the number that is 1 more or less than any given number
 - Read & write numerals from 0 to at least 20
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- ★ perform basic balancing actions
 - ★ manage the space safely, showing good awareness of each other, mats and apparatus.

Activity

- Ask the children to use their fingers, hands and arms to make the shape of various numbers.
- Ask the children to use their whole body to make the shape of various numbers.
- Teacher says a number and the children have to balance on that number of body parts. Ask the children to vary the body parts i.e. two feet, one foot and one hand etc.
- Ask the children to count to five as they hold their balance.
- Ask the children to change the level of their balances i.e. low to high, high to medium etc.
- Ask the children to show a balance using the number of body parts that is one more/ one less than a number.
- Working in twos, ask the children to estimate how many body parts their partner is balancing on and then check.
- Working in twos, ask the children to show a balance to their partner who has to create another balance using the same number of body parts.

Get moving,
Get learning

