

Can You Feel It?

Year 1

Subject Focus: Sorting and using materials

★ Dance

Objectives Pupils will learn to:

- use words e.g. *hard, shiny, rough* to describe materials and objects
 - ask suitable questions about objects
 - describe materials in terms of senses e.g. *this feels smooth, this rattles when I shake it, I know this is soap because of its smell and feel*
 - name several common materials and describe them using terms e.g. *rough, hard, shiny*
- ★ describe a series of movements they make or make a series of movements matching a description given by another child
 - ★ respond to different stimuli with a range of actions
 - ★ copy simple movement patterns from each other and explore the movement
 - ★ choose movements to make into their own phrases with beginnings, middles and ends
 - ★ use simple dance vocabulary to describe movement
 - ★ talk about dance, linking movement to moods, ideas and feelings.

Activity

- Create a number of 'feely bags' and give out to groups of children. Ask them to feel inside the bag and describe what they can feel. Teacher or children to write down their descriptive words.
- Children to choose one word and explore movements that make them think of this word e.g. shaking their whole body for the word 'rattle'.
- Encourage the children to use different speeds, levels and directions e.g. a smooth curvy pathway sometimes low to the ground, sometimes high up in the air.
- Repeat with another chosen word.
- Ask the children to try to put the two movements together. Can they link them together smoothly? Each child could write their two words/ movements down to help them remember their movement phrase. Each word/ movement could have a different property e.g. slide forwards, backwards, sideways or stretch high, low or march strong/ slow, light/ fast.
- The children can then perform their movement phrase to each other.
- Ask the children to describe their own and others' movements and talk about how it made them feel.

Get moving,
Get learning

