

# Animal Walks

## Year 1

**Subject Focus:** Ourselves

★ **Gymnastics**

**Objectives** Pupils will learn to:

- identify, e.g. *by observation of a picture*, how an unfamiliar animal will move and group it with animals which move in a similar way
- ★ describe a series of movements they make or make a series of movements matching a description given by another child
- ★ perform basic gymnastic actions, including travelling and jumping
- ★ manage the space safely, showing good awareness of each other, mats and apparatus.

### Activity

#### Balloon ID

- The teacher tells a story of visiting a zoo to see various animals.
- The teacher introduces the animals one at a time describing and demonstrating how they move.
- Children copy the actions one at a time, moving like a: monkey, caterpillar, snake, bear, frog, bunny, crab, crocodile etc.
- Ask the children to use some of their travelling skills to move forward and backward on benches and low beams.
- Ask the children to describe how they and others are moving or, in pairs, one child describes a movement and the other moves in that way e.g. slides like a snake.