

# Top tips for ensuring lessons are always inclusive

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# Key Areas for Discussion

## Aims and Objectives

- To get to know each other and discuss knowledge and experience.
- To be aware of the Disability Discrimination Act, and inclusive language.
- To consider learning styles and widgit software to support learners.
- To be aware of key considerations when working with young people with disabilities.
- To practically explore adaptations of set material.
- To use a case study example to discuss a real situation.





## Key Considerations

- Language – Always using inclusive verbal instructions.
- Adaptation of material.
- Differentiation – in setting tasks, in resources, in using learning styles.
- Creativity – Be open to difference and appreciate individuality.
- Ask questions – what do individuals need to achieve? Don't be scared of putting your foot in it!
- When working with wheelchair users – work with the person not the chair.

# Adaptation – Core Principles

Being able to consider different movement potential for individuals.

Some Examples:

- **JUMP** – A shooting action going up and down quickly.
- **TURN** – A rotating, circular action.
- **TWIST** – A wringing action.
- **STRETCH** – An action that requires two body parts to extend away from each other.
- **FALL** – Lowering quickly from a high to a low level.



## Case Study

**In pairs consider the case study.**

**If this child was to come into your class, what adaptations and considerations would you use to ensure this young person was included?**

