

YOUNG AMBASSADOR UPDATE



Hello and welcome to the Young Ambassador Update!

On 11 February the Winter Olympic Games open in Vancouver, and on 12 March the Winter Paralympic Games begin! At this exciting time we receive a message from Fiona Harrison, a member of the British Bobsleigh team. We also congratulate the first winners of our YA Britain campaign and look at exciting opportunities for you to get more involved in your role.



YOUR CHALLENGES

A message from...

Fiona Harrison,

Member of the Great Britain Bobsleigh team -

"Hello Young Ambassadors. For the last few months I have been totally focused on the 2010 Winter Olympic Games. Getting myself as fit as possible takes many hours in the gym lifting weights and sprinting across the running track, all to develop the power and speed needed to push a 200kg bobsleigh down the ice as fast as I can.

In the last few weeks leading up to the Games, I am getting more and more excited and I hope you are too.

I hear you have another challenge coming up Young Ambassadors so good luck!"

YA Britain – "YA with Me!"

We are delighted to announce the first terms winner of our YA Britain photo competition. After much deliberation, congratulations go to – **Young Ambassadors Amy**

YOUTH SPORT TRUST NEWS

Lloyds TSB National School Sport week 2010 – 'Be Part of it'

National School Sport Week takes place Monday 28th June – Friday 2nd July 2010 and Monday 7th June – Friday 11th June in Scotland (sponsored by Bank of Scotland in Scotland). The aim of National School Sport Week is to use the power of London 2012 to inspire more young people to do more sport.

What role can Young Ambassadors Play?

A VERY BIG one!!! National School Sport Week is a great way to bring to a head and celebrate all of the work you have done over the school year as a Young Ambassador. Here are some things you could do. Make sure your work with your Partnership Development Manager or lead contact from your School Sport Partnership as you get planning;

1. Introduce young people to a NEW Olympic or Paralympic sport.
2. Plan activities that get Young People to 'live' the Olympic and Paralympic Values
3. Lead the 'Be Part of It' Mass

OTHER NEWS

The latest from London 2012

Why not Get Set for the winter Olympic and Paralympic Games by using the new Get Set winter resources and check out the winter sports montage.

Find out more

Channel 4 has been announced as the official broadcaster of the London 2012 Paralympic Games.

Find out more

In association with adidas, the next STEM (science, technology, engineering and maths) challenge involves designing a wet glove for use in water sports!

Find out more

Why not sign up to learn more about Team GB for the Winter Olympics and wish them the best of luck from Young Ambassadors!

Find out more

Did you know?

Biathlon first featured at the Winter Olympics in Squaw Valley, 1960. The word 'biathlon' comes from the Greek word for 'two tests'. Traditionally

Pendleton, Nathan Kiernan and All Saints Roman Catholic School in York for YA-ing in their community in front of York Minster!

The winning entry scoops them a visit to their school from one of the Youth Sport Trust's Olympic or Paralympic school sport ambassadors.

Judging begins soon to find this term's winning entry! To be in with a chance of winning, submit your YA Britain photos online!

[Find out more](#)

1000 days to go challenge! Congratulations...

The winners of the challenge included Young Ambassadors from Haygrove School Somerset, Oldfield School Bath, Walkden High School Salford, Trinity High School Renfrewshire and Young Ambassadors from the Chelmsford school sport partnership. Whether they ran 1000 metres, created posters, led assemblies or ran multi-skills festivals, they all demonstrated the Olympic and Paralympic values and celebrated the countdown to the London Olympic and Paralympic Games.

Why not check out their entries on the [Get Set website](#).

Coming soon.... Watch out for your next challenge focusing on the winter Olympic and Paralympic Games!

Participation Celebration for 3 minutes at 20 minutes past 12 on Friday 2nd July (England and Wales) and Friday 11th June (Scotland). The aim is to get millions of young people doing 3 minutes of an Olympic or Paralympic Sport at the same time. National Governing Bodies of Sport are currently developing a DVD of a 3 minute sequence from their sport for you to use to get young people doing during NSSW. More information will follow shortly.

'Do you want to Be Part of It?'

[Find out more](#)

Young Event Volunteers

Do you want to gain experience and get involved with major sporting events preceding the London 2012 Olympic and Paralympic Games?

Do you live in or near Bath, Birmingham, Bristol, London, Manchester, Sheffield, or Gateshead?

If the answer is YES! Then, have you heard about the Youth Sport Trust's major event volunteering project, which runs in these cities. It provides access to training and opportunities to be involved as an event volunteer at major sporting events. Volunteers have been deployed to support over 65 events, which have included the London Marathon, Paralympic World Cup, World Triathlon Championships, Athletics AVIVA Grand Prix and National Basketball Championships to name a few.

[Find out more](#)

Take Part in Major Events

This month, the Youth Sport Trust will be launching a brand new resource that Young Ambassadors can use to inspire young people and schools to make the most of major sports events to inspire learning and engagement. The resource will be launched with the 116 Young Ambassadors in the North East of England where the 2010 UK School Games will take place from the 2nd-5th September.

combining cross-country skiing and rifle shooting, Biathlon did not start off as a sport, but as a way for Northern European hunters to put food on the table as early as 2000 BC.

[Find out more](#)

Small Steps 4 Life

SmallSteps4Life have just launched exciting new resources and games for young people focusing on healthy and active lifestyles. James Cracknell is taking a SmallSteps4Life challenge too! Why not see if you could use these resources to promote healthy living in your school?

[Find out more](#)

Celebrating the Games

A series of lectures have been developed by Leeds University. They reflect on the Olympic and Paralympic Games and look ahead to London 2012. The series feature a range of impressive speakers and are free to the public.

[Find out more](#)

London Youth Games

Ever thought of volunteering at the UK's largest annual multi-sport event? Young Ambassadors are being offered the exciting opportunity to join GamesForce. There are event, media and sport officiating roles available!

Registration is now open

[Find out more](#)

Best wishes,

Emily Tuffin

Young Ambassador Development Officer

For further information about the Young Ambassador programme please visit

www.youthsporttrust.org
