



Sam Coombes

Athlete: 800m/1500m

As a junior athlete Sam Coombes was ranked No.1 in the National Junior League and went on to suffer serious injury that halted his progression into the senior ranks.

Through successive surgeries Sam is now competing again and training with an elite squad of middle distance athletes at Loughborough University aiming to reach the London 2012 Olympics.

At school Sam was a little wayward and needed the discipline and dedication he found in his athletics training to help straighten up at school and achieve the grades necessary to go to university. Sport is all Sam ever dreamed of whilst at school and knows that many children and young adults today have the same outlook and just need a helping hand to guide them on the right path.