



Nick Gillingham MBE

Swimming – Men’s 200 and 100 Metres Breaststroke

Nick Gillingham MBE is a double Olympic medallist swimmer and former World and Commonwealth Champion. Nick has been European Champion on three successive occasions rewriting the history books in doing so - winner of 17 Championship medals, three World Records, nine Commonwealth, 11 European and 17 British Records for his individual events.

Nick represented Great Britain for 13 years and remains the national record holder for England. He received the MBE during the New Years Honours 1993 for ‘Services to Swimming’. He is also a World Masters Champion and record holder for 100 and 200 metres breaststroke.

Nick recently worked for two years as the Senior Competition Manager for Tyne & Wear developing inter-school competition across 10 School Sport Partnerships. He has his own National Governing Body approved Swim Academy which remains an integral part of his sports consultancy Sports Communication Group Limited.

Over the years Nick has undertaken extensive mentoring work in education as well as the community for the Youth Sport Trust and Creating Excellence, relating to behavioural change through the broadening of horizons and positive and sustainable exit routes, using sport as the vehicle.

Most recently Nick was selected onto the National Governing Body talent squad / ASA England Talent, where he is coaching and mentoring a group of swimmers who aim to excel at the London 2012 Olympic Games.

Nick was awarded an Honorary Fellowship from the University of Sunderland in 2008 for his contribution to sport and is a school governor in Northumberland.