



Michelle Robinson (nee Griffith)

Triple Jump

Michelle started off her athletics career as a Long Jumper. In 1992 she was introduced to the Triple Jump and was soon leaps ahead of her competitors, breaking numerous British records along the way. Michelle was the first woman in the Commonwealth to jump over 14 metres. She then went on to make three World Championship Finals and European Finals and narrowly missed out on a medal at the Commonwealth Games in 1998. She represented Great Britain at the 1996 Olympic Games in Atlanta.

Michelle was introduced to athletics by her mother, who she always says is her real hero! Interestingly Michelle 'bombed' out at the 1986 and 1987 English schools long jump final, fortunately things were to change with maturity. Michelle retired from athletics at the 2006 Commonwealth Games in Melbourne, after nearly 15 years at the top.