



Karen Cromie

Trunk and Arms Double Skull

Karen Cromie and James Roberts came fifth in the trunk and arms double skull at the 2008 Beijing Paralympics. Karen lives and trains in Belfast and aims to be in medal contention for London 2012. She has successfully represented Great Britain at two rowing World Championships and previously played women's wheelchair basketball for Great Britain and won two silver medals at the Paralympic World Cup in 2005 and 2006.

Karen has always been involved in sport. However, following an accident whilst at university in 2002, she suffered a spinal cord injury. She rejoined her degree course and graduated. Fellow students and university staff were amazed with her ambition to succeed. Karen was determined not to let her disability prevent her from taking part in sport or doing anything she wanted to achieve. Karen found sport to be a huge help during her rehab and played an integral role in making her the person she is today.

Karen loves a challenge and is very competitive. She has a tremendous ability to get to know people and gain their confidence and trust.