



Dermot Gascoyne

Boxer

Dermot Gascoyne is a former international heavyweight boxer. As a professional he was managed and promoted by Frank Warren and boxed in some of the world's most prestigious boxing venues. Although he never won a major title he holds victories over British, Commonwealth and European champions and was regularly employed by both Frank Bruno and Lennox Lewis as a sparring partner. His motto is: "it's better to be laid back than laid out!"