





The Children's Foundation School, Central Karachi







Our local trainers, Usman, Saman and Shah







Our delegates from TCF schools across Karachi

Update on day one of training

We have 26 highly motivated and committed female teachers from 12 Children's Foundation schools in Karachi and the Rangoonwala School in Karachi

Although levels of training and experience are not high, the delegates have shown a real eagerness to learn and have a great deal of potential

We focused on fundamentals of movement as the key building blocks for the development of young people

They work well together as a group, and have already started to show that they are thinking differently about how they can teach high quality PE lessons and provide meaningful, progressive, opportunities for competition to their students

We're well supported by TCF and have had visits from Tauseef UI Islam, Executive Vice President of The Children's Foundation, Kamyla Marvi of the British Asian Trust and Mustafa Bhaiwala, CEO of the Rangoon Trust in Karachi.

